

WINTER/SPRING 2012

VALLEY HEIGHTS COMMUNITY EDUCATION

TWO TOWNS, ONE COMMUNITY!



WHERE ARE YOU GOING?

Expand Your Horizons!

New years' brings new opportunities. Opportunity can be where you look, or it may come from someplace else.

As Community Education Director I would like to invite everyone in our communities to join us and expand your horizons.

Baseball Hall of Famer Yogi Berra said "If you don't know where you are going, you might end up someplace else". As a community let's come together and be that someplace else.

As we continue to grow as individuals, we develop hobbies and interests. Some people's hobbies and interests can become a bridge to new friendships and to expanding other horizons.

Within our community lies opportunity to expand your horizons. Inside this newsletter I hope you will find something that can be your someplace else.

I would like to take a moment to invite any community members to please stop by and see me at my office which is located

within the Central Office at 121 E. Commercial in Waterville. Call me at 785-363-2211. Or email me at tyungeberg@valleyheights.org with any questions, comments or ideas.

I hope you find something in the following pages that can be your "someplace else".

Tony Yungeberg, Director
Valley Heights
Community Education

"IF YOU DON'T KNOW
WHERE YOU ARE GOING,
YOU MIGHT END UP
SOMEPLACE ELSE."
YOGI BERRA

WHERE YOU MIGHT END UP!

January

3rd—GED Resumes
6th—Opera House Open Stage
8th—Youth Open Gym Begins
10th--Adult Fitness Begins
12th—Financial Aid Q&A
16th—Extreme Fitness Begins
17th--Coffee & Cards
18th-- Adult Open Gym Begins
20th—Comm. Ed. Coffee & Questions (Waterville)
21st—Recycling (B.R.)
25th—Wine Club

February

3rd—Comm. Ed. Coffee & Questions (B.R.)
9th--Crocheting
16th—Couponing
18th—Recycling (B.R.)
21st—Coffee & Cards
22nd—Wine Club
23rd—Free Simple Tax Return (Waterville & B.R.)
25th&26th—Hunter Safety

March

13th—Smart phones
15th—Cooking
17th—Recycling (B.R.)
20th—Coffee & Cards
31st—CPR & First Aid

GED

More than 35 million adults ages 18-64 do not have a high school diploma. The GED holds the same credentials as a traditional diploma, and prepares holders to take a job that requires a high school diploma, or to continue on in higher education.

Cost: Free

Age: Adult

Dates: Tuesdays & Thursdays

Time: 6 p.m. – 8 p.m.

Location: Waterville Grade School Library

Contact: Lisa Hays

Phone: 785-363-2508

Or

Tony Yungeberg

785-363-2211

tyungeberg@valleyheights.org

Opera House Open Stage

Have you secretly always wanted to be in a play?

Do you wonder what it would be like to sing, recite a poem, dance, or try something new?

Has it been awhile since you have had fun or had someone to have fun with?

This invitation is for individuals, families, and friends of those in the Waterville-Blue Rapids or Marshall County Area.

Open House-Open Stage

Waterville Opera House

10:00 A.M. -10:00 P.M.

January 6, 2012

All acts before 8 PM must be appropriate for families with young children.

Some musical instruments and props and scripts will be available, or bring your own. Can't wait to see who comes to play!

Donations to help make the Opera House accessible or canned goods will be accepted but not required.

Contact:

www.wellnessweavers.com

College Financial Aid Q&A

If you or your son or daughter are getting ready to go to college there may be questions that you don't have the answers to. Most of those questions are regarding financial aid. This meeting will hopefully help answer the questions that arise as you prepare to take the next step in you or your son or daughters continuing education.

Cost: Free

Age: Anyone with College financial aid questions

Date: Thursday, January 12th

Time: 6:30 p.m.

Location: Valley Heights High School Library

Contact: Barb Buck

Phone: 785-363-2508

Or

Tony Yungeberg

785-363-2211

tyungeberg@valleyheights.org

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Sunday Open Gym

Sunday afternoon the Blue Rapids Gym will be open for Valley Heights students to shoot, work on their ball handling, and play basketball to hone their skills.

Elementary students up to 5th grade will have the gym from 1-2:30 and 6th through 12th will have the gym from 2:30-4 p.m.

Dates of open gym will be January 8th through March 25th. There will be no open gym on March 18th because of spring break.

Cost: Free

Time: 1-4 p.m.

Age: Elementary-High School

Date: Sundays (begins, Jan.8)

Location: Blue Rapids Gym

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

Adult Open Gym

Beginning January 18th through March 28th the Blue Rapids gym will be open for adult basketball.

This is a good chance for those of us who think we still have skill to put it into action.

We do require that you have a clean pair of tennis shoes or basketball shoes so we don't damage the court. Also bring a white shirt and a dark shirt so when teams are split up we can tell them apart.

No High School or younger students will be allowed to play during this time.

Cost: \$1 per night

Time: 7-8:30 p.m.

Age: Adult

Date: Wed. (begins, Jan.18th)

Location: Blue Rapids Gym

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

Extreme Fitness

Beginning January 16th at 6 a.m. fitness will go extreme.

If you are wanting to shed some of the holiday pounds and get your heart pumping than this is for you!

Join instructor Mike Minihan for a 30 minute workout that will push you to the extreme.

Class size is limited so please register as soon as possible. Classes will initially be held every Monday, Wednesday, and Friday.

Cost: \$10

Time: 6-6:30 a.m.

Age: Adult

Date: M, W, F (begins, Jan.16th)

Location: Valley Heights Fitness Center

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

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Community Education
Coffee And Questions

This is an opportunity for members of the community to come enjoy a cup of coffee with Comm. Ed. Director Tony Yungeberg.

If you have any questions or comments about ongoing or upcoming events I'd love to hear about them.

This is also an opportunity to make suggestions for classes that you may like to take part in or would like to instruct.

Since this is **COMMUNITY** Education, input from members of the community is the best form of input we can receive.

Cost: Free
Time: 9:30-10:30 a.m.
Age: Anyone
Date: Friday Jan.20th & Feb.3rd
Location: Jan. 20th at the Waterville Community Center, and Feb. 3rd at the Blue Rapids Community Center
Contact: Tony Yungeberg
Phone: 785-363-2211
tyungeberg@valleyheights.org

Adult Fitness Group

If you are looking for an exercise group that will promote wellness and fitness in a relaxed setting then this is the group for you.

This group is a collection of adults who enjoy fitness and exercise that doesn't involve going to the gym. They meet every Tuesday and Thursday at the Waterville United Methodist Church.

If you want to improve your flexibility or get yourself back into shape after the holidays stop by and give this group a chance.

Cost: Free
Time: 8:30-9 a.m.
Age: Adult
Date: Tuesdays & Thursdays
Location: Waterville United Methodist Church
Contact: Tony Yungeberg
Phone: 785-363-2211
tyungeberg@valleyheights.org

Coffee & Cards

This group is what we make of it. For those who enjoy the social interaction and friendly competition of cards this can be a great event for old friends and new friends alike.

Starting in January this group will meet on the third Tuesday of the month at revolving restaurants in the community. The first gathering on January 17th will be at the Country Inn in Waterville with the following months to be determined at a later date.

This is a great social networking opportunity to catch up on the local scene.

Cost: Whatever you choose to eat or drink at restaurant.
Time: 9 a.m. – 10:30 a.m.
Age: Adult
Date: Third Tuesday
Location: Rotating
Contact: Tony Yungeberg
Phone: 785-363-2211
tyungeberg@valleyheights.org

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Wednesday Wine Club

Back by popular demand this group is for the wine connoisseur in you.

If you would like to learn what to serve with chicken or steak, someone here will have the answer. Or if you just appreciate good company and would like to see what other people enjoy this is a great opportunity for you.

Tryon's Pour House will be closed on the nights of the meeting. Bring your favorite wine that could turn out to be someone else's new favorite.

Cost: Free

Time: 6 p.m.

Age: Adult 21 years & older

Date: Fourth Wednesday

Location: Tryons Pour House

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

Beginning Crochet

If you are looking to get hooked on a hobby, than this is a great place to start.

This beginning crochet class is a two night class that can get you hooked on a lifelong hobby.

You will need to supply yourself for this class with the following:

1 skein of worsted yarn

1 size H or I crochet needle

This is a beginning class and will move at the speed of everyone in the class.

Cost: Free

Time: 6 p.m. – 8 p.m.

Age: Adult

Date: February 9th & 13th

Location: Waterville Grade School, Community Ed. room

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

Couponsing

With Christmas behind us, we could all use some extra cash. How can you make extra money? Simple, spend less money!

Couponsing can be as simple or as extreme as you make it. This group offers you a place to network with others that want to stretch their cash to be able to do more things they want to do.

Bring any tricks, tip or information that you think can help others like you to save a little money and enjoy the finer things in life.

Cost: Free

Time: 6 p.m. – 8 p.m.

Age: Adult

Date: February 16th

Location: Waterville Grade School, Gym

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

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Hunters Safety

As a result of the number of people that had to be turned away in September, Community Education will host Hunters Safety again in February.

This class will be limited to the first 15 people who register, so please sign up as soon as possible so you don't get left out.

You must be 11 years of age or older to take part in this course. **All students ages 11 to 15 must be accompanied by an adult.**

Cost: \$5

Time: 8 a.m. – 4 p.m.

Age: 11 years and up.

Date: February 25th & 26th

Location: Valley Heights High School

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

"MMM PIE!"

By request this class is guaranteed to be tasty.

Carol Kurtz returns to the lineup to guide us through the steps to making homemade pie with crusts from scratch.

If you were lucky enough to take part in her last pastry class you definitely won't want to miss this. If you missed out last time you'll want to take time to gobble this class up.

Class size is limited so don't hesitate or you'll miss out.

Cost: \$10

Time: 6 p.m. – 8 p.m.

Age: Adult

Date: March 15th

Location: Waterville Grade School

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

CPR & First Aid

Community Education is thrilled to bring you one of the most important classes you can take, CPR & First Aid.

Beginning in March our classes will be under the instruction of Mandi Hartloff, Valley Heights School Nurse, and Trained CPR & First Aid instructor.

Recertification and new certification will all be done during this course. Class size is limited so please register as soon as possible to reserve your spot.

Cost: TBD

Time: 8 a.m. – 12 p.m.

Age: 13 to Adult

Date: March 31st

Location: Waterville Grade School

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

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Getting Smarter With Your Smartphone!

If you've recently received or already have had a smartphone it can be frustrating learning all of the things it can do.

This class will hopefully help you overcome some of your fears and problems that you may have been experiencing. And it may help you prevent problems in the future.

Valley Heights Business and Technology teacher, Emily Gunn, will lead us into the future with our hand held device. She will show you some of the tricks that your phone can do and try to answer questions you may have.

When you register for this class please give the make of your phone so we can make sure we know as much as possible to help you out.

Please Register By February 29th.

Cost: Free

Time: 6 p.m. – 8 p.m.

Age: anyone

Date: March 13th

Location: Waterville Grade School

Contact: Tony Yungeberg

Phone: 785-363-2211

tyungeberg@valleyheights.org

Free Income Tax Assistance
Volunteer Income Tax Assistance (VITA)

This service is for elderly and individual families with low or moderate incomes. Tax preparers **Will Not** prepare complex returns involving farm, business, or investment income. These volunteers are also not qualified to prepare military returns.

Even if you are not required to file a return, you may wish to do so in order to claim tax credits or refunds due to you. If your income is below \$35,000, you may be eligible for the Kansas Food Sales Tax Refund and/or Homestead Refund. Ask your preparer.

Here's what you need to bring.

- A copy of last year's tax return.
- Social security numbers for the taxpayer, spouse, and any children in the household born before December 31, 2011.
- W-2 forms from all 2011 jobs.
- 1099-G form if you received unemployment insurance benefits at any time in 2011.
- 1099INT if you received bank interest in 2011, or any statements received from a mortgage company during 2011.
- Workers with Individual Taxpayer Identification Numbers should bring the ITIN card sent to them by the IRS. Workers need either an ITIN or a SSN for the Child Tax Credit.
- W-2 G Gambling income
- IF YOU OWN YOUR HOME: Please bring your 2011 (Homestead) Property Tax Statement (you receive this yearly from the County Treasurer's Office.)
- IF YOU DO NOT OWN YOUR OWN HOME: Please bring the name of your landlord, their address, and phone number.

For more information contact

Susie Latta, Extension Agent—VITA partner

Phone: 785-562-3531



Cost: Free

Date: February 23rd

Location: Blue Rapids Community Center: 9 a.m. -11 a.m, 1p.m – 3p.m.

Waterville Elementary School: 4p.m – 7p.m.

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Valley Heights Community Education

As many of you are already aware, Community Education encompasses many aspects of our towns and schools. The programs and events that we afford to our students and community members are often made possible through the generous contributions of local businesses and individuals. Many of these programs for our students require a substantial financial commitment, but the return on this investment is immeasurable in price.

This commitment can also be made by donating time or materials such as prizes or gifts. Throughout the years this community has shown it's makeup by supporting the programs that have helped to shape our youth into the greatest resource around.

Below you will find a form to fill out and return to the Community education office if you wish. I hope you can see fit to invest into the future of our community.

Thank You

Tony Yungeberg, Director
Valley Heights Community Education

(Name or business) _____ Date / / _____

Contact Phone Number: _____

I would like my donation to:

- Be picked up
- Will deliver it to Community Ed. Office

I would like this donation to go towards:

- After Prom
- Santa's Gift Shop

Donation Amount: _____

(Donations are Tax Deductible)

I would like this donation to be used for:

- After Prom
- Santa's Gift Shop
- Grade Schools
- High Schools

Donation Type: _____

(Donations are Tax Deductible)

I would like to volunteer my time for:

- After Prom
- Santa's Gift Shop
- Grade School

Additional comments

Please Return to:

**Valley Heights Community Education
P.O. Box 136
Waverille, KS 66548**

COMMUNITY EDUCATION REGISTRATION FORM

To register, fill out the form below and return it to the Valley Heights Community Education Office, P.O. Box 136, 121 E. Commercial St., Waterville, KS 66548, along with the registration fee. (Check fees and registration guidelines on the inside front cover.) Registrations are taken on a first come, first serve basis with District #498 patrons given first consideration.

NAME: _____ PHONE: _____

ADDRESS: _____

CLASS TITLE	Fee
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

On this _____ day of _____, _____, in consideration of my being able to participate in educational, recreational, social and/or cultural classes, programs, and projects, I do hereby waive all claims for damage or loss to my person or property (or to the person or property of my minor son or daughter whose name appears below) and all demand and liability which may be caused by any act or failure to act of and by, and I do hereby release, discharge and hold harmless the Community Education, the cities of Blue Rapids and Waterville, the USD #498, its board members, administrators, representatives, employees, and the owners, managers and leasees of any real property in which such programs may be carried out.

(Participant) _____

(Signature of parent or guardian) _____

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RECYCLING

Miscellaneous Recycling Facts

According to experts:

- On average, each one of us produces approximately 4.4 pounds of solid waste each day. This adds up to almost a ton of trash per person, per year.
- A typical family consumes approximately 182 gallons of soda, 29 gallons of juice, 104 gallons of milk, and 26 gallons of bottled water a year. That's a lot of containers -- make sure they're recycled!

Would your organization, business, or family like to make a difference? Then make recycling part of your way of life.

Valley Heights Community Education in partnership with Waterville and Blue Rapids cities would like your help.

The 3rd Saturday of every month recycled products are received in one of the two towns. December thru May is in Blue Rapids behind the fair barns. And June thru November is in Waterville East of the city shop. Collection is from 9:30 a.m. – 11:00 a.m.

In hopes of enlisting as many community members as possible we will begin signing up organizations, businesses or families to volunteer for one month each year. If you are interested please contact us as soon as possible.

Phil Osborne: 785-363-7949

Tony Yungeberg: 785-363-2211
tyungeberg@valleyheights.org

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Fitness Center Passcode Application

(Fill out form completely and return to Community Education Office)

Name: _____ Date of Birth: ___/___/___

Email: _____

Daytime Phone: _____ Home Phone: _____

Address: _____
(Street) (City) (State) (Zip)

Have you ever been convicted of a felony: Yes No

I understand that this pass code is for my use only. If at any time I abuse this privilege it may be revoked. I will sign in each time I use the center and will leave the center the way I found it or better.

Signature: _____

Date: ___/___/___

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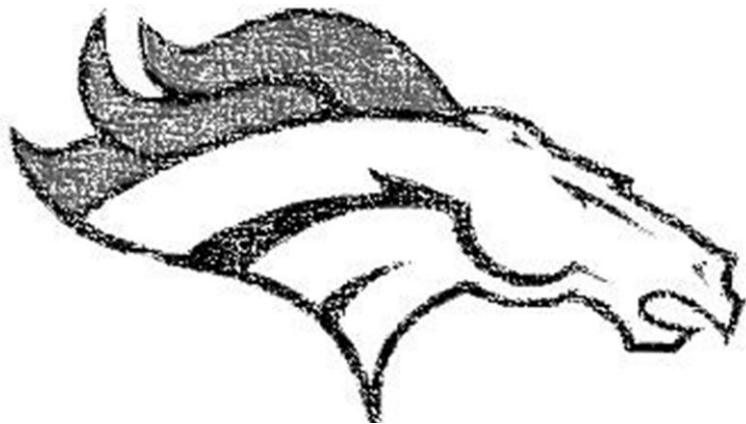
Valley Heights Community Education
Valley Heights Community Education
P.O. Box 136
Waterville, KS 66548

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Two Towns, One Community!



Valley Heights
Community Education